



DECEMBER 2023 EVENT & PROGRAM CALENDAR

Auburn Senior Community Center | 48 Pettengill Park Road
 Register online at secure.rec1.com/ME/auburn-me/catalog
 or call the Auburn Rec Department at 333-6611



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
■ = Auburn Recreation Program (Renee & Jody) ♦ = City of Auburn Age-Friendly Committee Event ⌘ = 1 st Auburn Senior Citizens Meeting ϕ = New Auburn Seniors Meeting ◆ = Robin Dow Meeting					1 ■ Drop In Day ■ Wrapping Station ■ Book Club ■ Gingerbread Decorating @12pm	2 ■ Windham Chambers Singers AmFam Holiday Show @1:00pm
3	4 ϕ = New Auburn Seniors Meeting ■ Yoga with Emma	5 ■ Visiting Artist Workshop 9:30am ■ Barnhouse Grill and Sweetz in Wiscasset 10:30am ■ Yoga For Balance 4pm	6 ⌘ = 1 st Auburn Senior Citizens Meeting	7 ■ The Willows/Daddy O's ■ Chair Yoga ■ Candle Making Workshop 3:30 PM ■ Evening Wrapping Station	8 ■ Drop In Day ■ Wrapping Station ■ Tech Talk ■ Center closed at noon for carpet cleaning ■ Magic of Christmas Preview @12:30pm	9 ■ Candlelight: Holiday Special @4:30pm
10 ■ A Christmas Story, The Musical @12:30pm	11 ϕ = New Auburn Seniors Meeting ■ Cracker Barrel / Shopping 11am ■ Yoga with Emma	12 ■ Yoga For Balance 4pm ♦ Age-Friendly Mtg 5:30PM	13 ◆ = Robin Dow Meeting ■ Home Activity Kits	14 ■ Stocking Stuffing Day for PAL ■ Chair Yoga ■ Adult Craft Night ■ Evening Wrapping Station	15 ■ Drop In Day ■ Wrapping Station ■ Stonewall Kitchen / Lunch / Cheese Iron 9:30am	16
17	18 ϕ = New Auburn Seniors Christmas Party/Meeting ■ Yoga with Emma	19 ■ Shopping in Augusta 9am ♦ Age-Friendly Movie 1pm ■ Yoga For Balance 4pm	20 ⌘ = 1 st Auburn Senior Citizens Christmas at the Green Ladle 10 AM (Robin Dow joining)	21 ■ Chair Yoga ■ Adult Craft Night ■ Evening Wrapping Station	22 ■ Drop In Day ■ Wrapping Station	23
24/31	25 HOLIDAY - No Recreation Programs	26	27 ◆ No Robin Dow mtg ■ Mystery Lunch 11:30am	28 ■ Chair Yoga ■ Adult Craft Night	29 ■ Drop In Day ■ Book Club	30

Date	Time	Cost	Description
Friday, Dec1	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop-in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We may even play lawn games in the park during the fall if the weather is nice!
Friday, Dec1	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop-In Gift-Wrapping - Are you trying to hide a gift? Need a bigger table? Need wrapping paper, bows or bags? Bring your gifts into the senior center and use our supplies here to wrap your gifts. If you need help, we can assist you as well.
Friday, Dec1	10:00 AM – 11:00 AM	Free	The Auburn Senior Community Center, in partnership with the Auburn Public Library , is pleased to be able to continue their reading and discussion group. This group will meet monthly at the ASCC. Questions? Contact Renee at the Auburn Senior Community Center or Donna at the Auburn Public Library -- 207-333-6640, ext. 4, or via email at dwallace@auburnpubliclibrary.org. Maximum 12 (can accommodate more for discussion days if people share their books before the next meet up).
Friday, Dec1	12:00 PM – 2:00 PM	Free \$5 non-residents	Gingerbread Decorating -Nostalgia for many of you. New to others. Let's get together and have a great afternoon of gingerbread decorating. From candy canes to gumdrops and more. Once your activity is complete everyone participating will vote on their favorite. Coffee, tea, and hot cocoa will be provided. Feel free to bring your lunch or a snack. Pre-registration is required. Minimum 6/Maximum 20
Saturday, Dec2	1:00 PM – 5:00 PM	\$18 \$20 non-residents	Windham Chamber Singers American Family Holiday Show w/ Clyde Alves - Enjoy this cherished Maine holiday tradition to celebrate the season! Performance takes place at Winham High School. Pre-registration is required. Minimum 6/Maximum 14. No refund unless your spot can be filled. (show typically runs 2 hours and 15 minutes)
Monday, Dec4	9:00 AM – 3:00 PM	\$10.00 annual dues	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Meetings are cancelled if Auburn schools are closed for weather.
Monday, Dec4	6:00 PM – 7:00 PM	\$10 \$12 non-residents	Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, Dec5	10:00 AM – 11:30 PM	Free	Visiting Artist Workshop - Please join artist <i>Karen Brooks</i> as she introduces us to Paper Crafting. Participants will develop skills in using paper to create original art. You will design, cut, bend, layer, and glue paper to create artwork representing a favorite person, a portrait of themselves, a pet, or another subject of your choice. Pre-registration is required. Minimum 6/Maximum 15.
Tuesday, Dec5	10:30 AM – 4:00 PM	\$4 \$6 non-residents	Barnhouse Grill and Sweetz & More in Wiscasset - We are going to head for lunch BEFORE dessert! Tuesday is Senior's Day, 10% off! After lunch we will head down the road to Sweetz & More. With 8,100 square feet of pure sweetness, Sweetz & More is New England's largest, sweet shop. The store also offers candies from around the world including spicy candy from Mexico, chocolates from Europe, gummies from Germany, and sweet confections from Japan. You will have plenty of time to take it all in and shop. Pre-registration is required. Minimum 6/Maximum 14.
Tuesday, Dec5	4:00 PM – 5:00 PM	\$10.00 drop-in fee	Yoga For Seniors: Balance - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. Minimum 4/Maximum 15.
Wednesday, Dec6	9:00 AM – 3:00 PM	\$10.00 annual dues	1st Auburn Meeting/Bingo. Doors open at 9:00 AM. Bingo is price per card, starts about noon. Meetings are cancelled if Auburn schools are closed for weather.
Thursday,	1:30 PM –	\$10.00 drop-	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while

Dec7	2:30 PM	in fee	using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$10.00: Minimum 4
Thursday, Dec7	3:30 PM – 4:30 PM	\$4 \$6 nonresidents	Holiday Candle making – Join us as we work together to make soy candles. Each participant will have the opportunity to decorate their candle jars, choose the color and scent of their candle, and they can also help melt and pour the wax. These make great little holiday gifts. Pre-registration is required. Maximum 8.
Thursday, Dec7	5:30 PM – 8:00 PM	Free \$10/monthly non-residents	Thursday Adult Craft Night - The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20
Thursday, Dec7	5:30 PM – 8:00 PM	Free \$1 non-residents	Drop-In Gift-Wrapping - Are you trying to hide a gift? Need a bigger table? Need wrapping paper, bows or bags? Bring your gifts into the senior center and use our supplies here to wrap your gifts. If you need help, we can assist you as well.
Friday, Dec8	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We may even play lawn games in the park during the fall if the weather is nice!
Friday, Dec8	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop-In Gift-Wrapping - Are you trying to hide a gift? Need a bigger table? Need wrapping paper, bows, or bags? Bring your gifts into the senior center and use our supplies here to wrap your gifts. If you need help, we can assist you as well.
Friday, Dec8	10:00 AM – 11:00 PM	Free	Tech Talk Friday – Have a technology question? A device you want to know more about? If so, this program is for you! Once a month, come chat with Donna, Adult Services Manager at the Auburn Public Library. Pre-registration helpful.
Saturday, Dec9	4:30 PM – 8:30 PM	\$40 \$42 non-residents	Candlelight: Holiday Special featuring “The Nutcracker” and More in Portland - Candlelight concerts bring the magic of a live, multi-sensory musical experience to awe-inspiring locations like never seen before in Portland, ME. Join us and enjoy the music of the Holidays at First Parish in Portland. Duration: 65 minutes (doors open 45 mins prior to the start time and late entry is not permitted). Seating is assigned on a first come first served basis in each zone (we are Zone A). Pre-registration is required. Minimum 6/Maximum 13. No refund unless your spot can be filled.
Sunday, Dec10	12:30 PM – 5:30 PM	\$25 \$28 non-residents	A Christmas Story, The Musical at the Lyric Theater in South Portland - From the songwriting team behind the smash-hit Tony Award-winning musical Dear Evan Hansen and the Academy Award-winning film La La Land, A Christmas Story, the Musical, brings the classic 1983 movie to hilarious life on stage! Set in the 1940s in the fictional town of Hohman, Indiana, the musical follows 9-year-old Ralphie Parker and his quest for the Holy Grail of Christmas gifts—an Official Red Ryder carbine-action 200-shot Range Model air rifle. An infamous leg lamp, outrageous pink bunny pajamas, a maniacal department store Santa, and most importantly the complicated and beautiful relationship between a boy and his father. The musical adaptation brings exciting and heartfelt new dimensions to those who have seen the movie and will certainly stand on its own for those who haven't. A Christmas Story, the Musical is a triple-dog-dare of a good time and it is sure to warm your heart during the holiday season! Pre-registration is required. Minimum 6/Maximum 14. No refund unless your spot can be filled.
Monday, Dec11	9:00 AM – 3:00 PM	\$10.00 annual dues	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Meetings are cancelled if Auburn schools are closed for weather.
Monday, Dec11	10:30 AM – 4:30 PM	\$5 \$7 non-residents	Cracker Barrel and Shopping Shuttle around Portland - First, we will head out for lunch at Cracker Barrel for some American comfort food, with an on-site general store. After lunch we will pop over to 5 Below for a quick pit stop to shop. We will end up at Marshalls and Home Goods before heading for home. Pre-registration is required. Minimum 6/Maximum 14.
Monday, Dec11	6:00 PM – 7:00 PM	\$10 \$12 non-residents	Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.

Tuesday, Dec 12	4:00 PM – 5:00 PM	\$10.00 drop- in fee	Yoga For Seniors: Balance - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. Minimum 4/Maximum 15.
Wednesday, Dec 13	9:00 AM – 2:00 PM	\$10 annual dues	Robin Dow Seniors - Doors open at 9:00am with the Directors meeting starting at 10:30am, regular meeting 11:00am, Election of 2024 officers, plus bonus blue tickets and bonus bingo. Meetings are cancelled if Auburn schools are closed for weather.
Wednesday, Dec 13	12:00 PM - 2:00 PM	Free	Ball Ornament Activity Kits - Free for Auburn residents ages 60 and over, these activity kits are fun for everyone and can be done from home, with a small group of friends, or grandkids! Pre-registration required.
Thursday, Dec 14	11:00 AM	Free	Stocking Stuffer Day for PAL here at the ASCC - We are looking for help! Please come and spend some time helping us fill stockings for the children in our community by partnering with PAL. Many hands will make light work of this annual event. Coffee, tea, and light snacks will be provided. Pre-registration is required. Maximum 20.
Thursday, Dec 14	5:30 PM – 8:00 PM	Free \$10/monthly non- residents	Thursday Adult Craft Night - Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20
Thursday, Dec 14	5:30 PM – 8:00 PM	Free \$1 non- residents	Drop-In Gift-Wrapping - Are you trying to hide a gift? Need a bigger table? Need wrapping paper, bows, or bags? Bring your gifts into the senior center and use our supplies here to wrap your gifts. If you need help, we can assist you as well.
Friday, Dec 15	9:00 AM – 12:00 PM	Free \$1 non- residents	Drop-in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We may even play lawn games in the park during the fall if the weather is nice!
Friday, Dec 15	9:00 AM – 12:00 PM	Free \$1 non- residents	Drop-In Gift-Wrapping - Are you trying to hide a gift? Need a bigger table? Need wrapping paper, bows, or bags? Bring your gifts into the senior center and use our supplies here to wrap your gifts. If you need help, we can assist you as well.
Friday, Dec 15	9:30 AM – 4:00 PM	\$5 \$7 non- residents	Stonewall Kitchen / Lunch / Cheese Iron in York/Scarborough - Let's head to York to Stonewall Kitchen and follow the sweet and savory aromas to their welcoming Company Store, where you will be greeted by friendly staff offering samples of our many specialty foods. They'll help you choose the ideal gift from our entire specialty food line, as well as useful kitchen gadgets, cookware, tableware and home décor. After we will start to head back home, but not before stopping for lunch (TBD). But wait, we aren't done yet! One last stop in Scarborough at The Cheese Iron. They are an artisan cheese store but also a whole lot more - specialty foods are their passion! Pre-registration is required. Minimum 6/Maximum 14.
Monday, Dec 18	9:00 AM – 3:00 PM	\$10.00 annual dues	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Meetings are cancelled if Auburn schools are closed for weather.
Monday, Dec 18	6:00 PM – 7:00 PM	\$10 \$12 non- residents	Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, Dec 19	1:00 PM – 3:00 PM	Free	Age-Friendly Movie. The Griswolds spend the holiday in a garish way, especially when a country cousin pulls up in an RV. Rated PG-13. Pre-registration is helpful. Free popcorn!
Tuesday, Dec 19	9:00 AM – 3:00 PM	\$4 \$6 non- residents	Shopping in Augusta - Who doesn't need a little retail therapy now and then? We will depart and head towards the newly opened Home Goods and The Loot Store in Augusta. You will have about an hour at each store before we head to lunch. We will have a lunch stop at Red Robin followed by one more stop at TJ Maxx and Five Below (you will have another hour here at these shops). Pre-registration is required. Minimum 6/Maximum 14.

Tuesday, Dec19	4:00 PM – 5:00 PM	\$10.00 drop- in fee	Yoga For Seniors: Balance - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. Minimum 4/Maximum 15.
Wednesday, Dec20	9:00 AM – 3:00 PM	\$10.00 annual dues	1st Auburn Meeting Christmas Party (along with Robin Dow). Joint Christmas Party with First Auburn Seniors, at Green Ladle, doors open at 10:00, with Special 50/50 and entertainment by Louis Philippe, for tickets see Frank Pippin.
Thursday, Dec21	1:30 PM – 2:30 PM	\$10.00 drop- in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$10.00: Minimum 4
Thursday, Dec21	5:30 PM – 8:00 PM	Free \$10/monthly non- residents	Thursday Adult Craft Night - Thursday Adult Craft Night - The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your own crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20
Thursday, Dec21	5:30 PM – 8:00 PM	Free \$1 non- residents	Drop-In Gift-Wrapping - Are you trying to hide a gift? Need a bigger table? Need wrapping paper, bows, or bags? Bring your gifts into the senior center and use our supplies here to wrap your gifts. If you need help, we can assist you as well.
Friday, Dec22	9:00 AM – 12:00 PM	Free \$1 non- residents	Drop-in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We may even play lawn games in the park during the fall if the weather is nice!
Friday, Dec22	9:00 AM – 12:00 PM	Free \$1 non- residents	Drop-In Gift-Wrapping - Are you trying to hide a gift? Need a bigger table? Need wrapping paper, bows, or bags? Bring your gifts into the senior center and use our supplies here to wrap your gifts. If you need help, we can assist you as well.
Wednesday, Dec27	11:30 AM – 3:00 PM	\$2 \$4 non- residents	Mystery Lunch Shuttle - Let lunch be a surprise! Sign up for the social aspect and for the thrill of not knowing where the bus will take you. Trips return by 3:00pm. Pre-registration required. Minimum 6/Max 14.
Thursday, Dec28	1:30 PM – 2:30 PM	\$10.00 drop- in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$10.00: Minimum 4
Thursday, Dec28	5:30 PM – 8:00 PM	Free \$10/monthly non- residents	Thursday Adult Craft Night - Thursday Adult Craft Night - The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your own crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20
Friday, Dec29	9:00 AM – 12:00 PM	Free \$1 non- residents	Drop-in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We may even play lawn games in the park during the fall if the weather is nice!
Friday, Dec29	10:00 AM – 11:00 AM	Free	The Auburn Senior Community Center, in partnership with the Auburn Public Library , is pleased to be able to continue their reading and discussion group. This group will meet monthly at the ASCC. Questions? Contact Renee at the Auburn Senior Community Center or Donna at the Auburn Public Library -- 207-333-6640, ext. 4, or via email at dwallace@auburnpubliclibrary.org . Maximum 12 (can accommodate more for discussion days if people share their books before the next meet up).